

CHIDHAM PARISH UPDATE KIT 7

Dear All

We hope all is well with you. Welcome to Keeping In Touch (KIT) 7 and especially if you are newly added to our list.

Another week in lockdown and not even the weather to cheer us up! Never mind, this weekend is going to provide some better weather so we can all rush out into the garden and remove the weeds that the rain has nurtured this week!

Thanks to Stephen for the **pewslip** and the musical links.

SERVICES FOR THE FOURTH SUNDAY OF EASTER

The **Fourth Sunday of Easter** is sometimes known as Good Shepherd Sunday. The name derives from the tenth chapter of John's Gospel which is often the gospel reading for the day. In this reading Christ is described as the "Good Shepherd" who lays down his life for his sheep:

"I am the good shepherd. The good shepherd lays down his life for the sheep. He who is a hired hand and not a shepherd, who doesn't own the sheep, sees the wolf coming, leaves the sheep, and flees. The wolf snatches the sheep and scatters them. The hired hand flees because he is a hired hand and doesn't care for the sheep. I am the good shepherd. I know my own and I'm known by my own; even as the Father knows me and I know the Father. I lay down my life for the sheep. I have other sheep which are not of this fold. I must bring them also, and they will hear my voice. They will become one flock with one shepherd. Therefore, the Father loves me, because I lay down my life that I may take it again. No one takes it away from me, but I lay it down by myself. I have power to lay it down, and I have power to take it again. I received this commandment from my Father". John 10:11-18

The weekly **Sunday Service** on **BBC Radio 4** is at the usual time of **8.10am**. This week it comes from Salisbury Cathedral and celebrates its 800th anniversary.

The original Salisbury Cathedral was completed at Old Sarum in 1092 under Osmund, the first Bishop of Salisbury. Old Sarum is the site of the earliest settlement of Salisbury located on a hill about 2 miles north of the current city. However, disputes between the Sheriff of Wiltshire and the Bishop of Salisbury finally led to the removal of the church into the nearby plain. The foundation stone for the current Cathedral was laid on 28 April 1220 on the 'New Sarum' site. Construction was paid for by donations, principally from the canons and vicars of southeast England, who were asked to contribute a fixed annual sum until the building was completed. A legend tells that the Bishop of Old Sarum shot an arrow in the direction he would build the cathedral; the arrow hit a deer, which died in the place where Salisbury Cathedral is now. The main body of the building was completed by 1258. Salisbury cathedral has the tallest tower, the largest cloister and the largest cathedral close in Britain. It also contains a clock which is among the oldest working examples in the world and has the best surviving of the four original copies of Magna Carta!

As usual there is a **live service** on the **Church of England's** website and on their Facebook page at 9.00am.

Chichester Cathedral are continuing to deliver **live streamed services**. You can access these at www.chichestercathedral.org.uk/services/live-services just click on the link and it will take you to the page with instructions on how to view live.

Sunday Worship on **BBC1** comes from Bangor Cathedral and is being shown at **1045** (change of time again this week).

Songs of Praise will be broadcast at **1.15** on **BBC1** and their theme this week is Faith and Farming. It looks at moving and uplifting stories from across the farming community and includes a church set up in the middle of a farm and duck herding. (You may have seen duck herding as an arena event at the Emsworth Show – brilliant!).

You might like this **interview** with **Rev. Richard Coles** talking about grief and coping after the loss of his partner who died in December. It is a Twitter podcast so I hope the link works but I think it is an excellent listen on a really difficult subject.

gm.soundcloud.com/user-469226681

NEW BISHOPS ANNOUNCED

This week 10 Downing Street announced the names of the new bishops of Horsham and Lewes to serve as suffragan bishops in the Diocese of Chichester.

The Revd Ruth Bushyager, currently Vicar of St Paul's, Dorking in the Diocese of Guildford will serve as Bishop of Horsham.

The Revd William Hazlewood, currently Vicar of the United Benefice of Dartmouth and Dittisham in the Diocese of Exeter will be the next Bishop of Lewes.

You can read more and watch a video here

https://www.chichester.anglican.org/glitter_news/2020/04/29/downing-street-announces-new-bishops-horsham-and-lewes/

CONFIRMATION SERVICE

This week coming our candidates would have been confirmed in Chichester Cathedral. We only managed one class for our adult candidates before the lockdown but it was a lively and interesting event. Canon David Nason led the session and will be resuming with us as soon as we can get together and we know the date of the reorganised service. I look forward to joining everyone again for these sessions – in the words of Her Majesty – We will meet again!

HOSPITAL CARDS TO SEE A CHAPLAIN

In consultation with hospital chaplains, the Diocese has launched a simple card for people to print and take into hospital with them. This will state they are a Christian and agreeing for a chaplain to visit them in hospital.

You can download the card here

HEARING YOU

If you receive the Parish Magazine you will have read that the Diocese of Chichester with Together in Sussex has set up a new pastoral phone line that provides pastoral support and a listening ear to the recently bereaved and people directly affected by the COVID-19 outbreak. It will be staffed by volunteers who are trained in pastoral care and listening skills: clergy and licensed lay ministers.

All volunteer listeners will: • have an active DBS and have completed safeguarding training with the Diocese of Chichester • be able to point callers to their parish clergy • direct callers to other organisations offering specialist support if appropriate • offer to pray for the caller or for their concerns

N.B. This is not intended as a substitute for the emergency services or a counselling service. It is a human, Christian response to anyone who turns to the Church in this time of need. The phonelines will be open to anyone living in Sussex whether they currently attend a church or not. The service will initially run to the end of May, Monday to Friday, 9.00am to 7.00pm. The Hearing You number is: 01273 425047

BIG PICNIC FOR HOPE

This week will mark the 75th Anniversary of VE Day. National celebrations have naturally been put on hold but here is a way to still get involved. Chichester Cathedral is taking part in the Big Picnic for Hope event. You can read more on these links:

<http://bigpicnicforhope.com/>

<https://www.englishcathedrals.co.uk/latest-news/ve-day-picnic-for-hope/>

SENDING A MESSAGE TO SOMEONE IN HOSPITAL

A new 24/7 message service has been launched to allow people to keep in touch with loved ones while they are in West Sussex hospitals. Visiting restrictions have been put in place during the coronavirus pandemic and currently the number of visitors allowed in are being restricted to a select few to visit women in labour, a child in paediatrics, a baby in neonatal units, carers or those visiting end-of-life patients.

However, you can now send messages via email or telephone to patients at St Richard's Hospital. The new system allows relatives and friends to send an email to a dedicated email address with messages being delivered to patients every weekday. If you have a message you would like to send to someone simply send an email to:

wshnt.MessagesToLovedOnes@nhs.net.

Once an email has been received, the Trust's Patient Advice and Liaison Service (PALS) team will print and laminate the messages (including photographs) and then pass them to ward teams to be delivered to patients. Alternatively, call PALS on 01243 831822 to leave a message, which will be transcribed and printed. An answerphone is available 24/7.

People leaving messages should give the name of the patient, the name of the ward the patient is being cared for on and their own name and contact details.

Please pass this information to anyone you know who might have a relative in hospital.

St Richard's have also made available on the wards 42 iPads and a number of smartphones in wipe-clean protective cases for voice and video calls between patients and their loved ones.

WEST SUSSEX LIBRARY SERVICE UPDATE

You may know that you can access ebooks/magazines/comics/audio books/newspapers on the West Sussex Libraries website. You must be a member of West Sussex Library Service to access any of these items as you will need your library card number to create an account. However, don't worry if you aren't currently a member because you can now join online! Go to www.westsussex.gov.uk/libraries/ to start borrowing!

Since the start they have added 1,300 extra ebooks and 450 eAudio titles and around 32,000 newspapers and magazines are being downloaded each week too!

Join the online library service.

MORE VIRTUAL 'STUFF' TO TRY FOR A BANK HOLIDAY TRIP!

Here are a few more virtual activities you might enjoy

MAIL RAIL

Whilst the Postal museum is closed, for a limited time they're opening Mail Rail for everyone to experience from home. The virtual tour captures the sights and sounds of Mail Rail, for a unique experience deep beneath the streets of London. (*I think this one is fun and kids might like it too*)

https://www.postalmuseum.org/make-a-connection/mail-rail-from-home/?gclid=Cj0KCQjwtLT1BRD9ARIsAMH3BtXBSo4BfqD3HZvIirWwsJ9FwA1z-CwYC3sLCWoG8B0P5xh0z0L2mAaAgEQEALw_wcB

A TRIP TO ST. IVES BEACH

You may not be able to visit Cornwall at the moment but here is a virtual tour of St Ives beach.

<http://www.kissphotography.co.uk/PAN/stives/19.html>

A GOOGLE TOUR OF LOCH NESS

<https://www.google.com/maps/@57.1857718,-4.6182388,2a,75y,165.51h,83.6t/data=!3m6!1e1!3m4!1sQB2yGuKVCkmcXLf8L-YcwQ!2e0!7i13312!8i6656>

YORK MINSTER

Fancy a trip to York Minster? Take a peek inside this beautiful cathedral with this virtual tour.

<https://www.york360.co.uk/movies/york-minster-interior.htm>

THE LIGHTHEARTED BIT!

The answers to last week's quiz are attached – hope you managed to solve the puzzles.

This week, with Boris Johnson returning to Downing Street, we have a quiz with anagrams of Prime Ministers and US Presidents.

WISE WORDS FROM LAURA

Here is some advice from *Laura's Household Encyclopaedia* of 1931 which might help if you are thinking of volunteering locally to help your neighbours....

Letters of Introduction

"The bearer of a social introductory letter should leave it, together with his or her own card, at the house of the person addressed, not asking then to see the recipient, but waiting for a return letter or call, making some arrangement for a meeting".

With shops closed this might also be useful:

Slippers from Hats

"Ladies old felt hats can be made into bedroom slippers for children. The pattern can be obtained by undoing an old pair and run up on a machine"

Lastly, my top tip of the week

Lizardskin shoes

"When these have become discoloured they can quickly be cleaned with a few drops of peroxide of hydrogen. Apply with a small sponge and rub lightly. They will be ready to wear in half an hour"

And **finally**, a prayer for the coming week:

Restoring and healing God,
thank you for medical workers everywhere,
embodying sacrificial love in these challenging times
putting the welfare of others before their own
staying away from their family and loved ones
comforting the concerned and bereaved
reassuring the anxious and vulnerable
working to heal and restore people who are ill.
Be their guide, strength, wisdom and hope.

We pray for those in authority to do right by them
for proper protective equipment to be provided
and for their dedication to be met with much gratitude
and appreciation when they return home, exhausted.

And we pray for medical workers around the world,
where resources and protective equipment
are always in short supply, not only now but always.
May these extraordinary times
lead to deep and necessary changes in how our world works,
resulting in a genuine effort to address the profound injustice

of life expectancy being determined by geography,
to awaken us all to the reality of how connected we all are
and to work together to create the community and world
we all want to be part of.

So help us, God,
Amen.

Have a safe week and God bless you

Carol & Willem

P.S. Remember to let us know if you no longer want to receive KIT and we will remove your name from the list.