

Southbourne Community Connections

(covid19@southbourne-pc.co.uk or call 07310 072674 10am-6pm)

Covid-19 Open Local Resource List (correct as of 14/04/20)

Grocery:

Tesco: Stein Road, Opening hours: 6am-10pm

Juicy Fruit: Green Grocer – Stein Road/Hartland Court, Opening hours: Mon-Sat 8:30 am-2pm

Co-op: Main Road, Opening hours: 6:30am-8pm priority hours 9:30am-10:30am daily (can close midday for restocking)

Tuppenny Barn: Main Road (01243 377780) www.tuppennybarn.co.uk, Opening hours: Thursday 9am-4pm (can also deliver)

£5 Box of mixed veg

£4 White fish (Fresh From the Boat)

£2.50 Homemade soup or £5 ready cooked meal (Liza Reeves' Fabulous Foods)

Customers can choose if they want all three or just one of the offerings. Delivery radius is Bosham to Emsworth. Orders to be phoned through on either a Tuesday or Wednesday delivery is Friday morning.

Call 01243 377780 or

email <u>lettie@tuppennybarn.co.uk</u> to place an order. Payment is made via internet or credit card over the phone.

Southbourne Farm Shop: Main Road (01243

377521) www.southbournefarmshop.co.uk

Email info@southbournefarmshop.co.uk

Opening hours: Monday – Saturday 8am-2pm Delivery available to over 70's or those with underlying medical issues, NHS workers. Minimum £15 per order £3 delivery charge. Email orders only. If you are a NHS worker please state if you'd like an evening delivery.

Adams Wholesale

Next Day fruit/veg household goods delivery. 01903 282220 www.adams-wholesale.com

Other Services:

B&R Services: Main Road (01243 374814) www.bandrservices.co.uk. The appliance store is closed. Appliance and parts purchase is still available online/phone delivery only. Limited repair technicians available for essential items: fridge, freezer, oven, hob, washing machine

Countryside Computers: Jonathan Miller (07798 728886) Email itsupport@mailcc.co.uk Free remote assistance for IT/computer issues

Veterinarians:

Dr. Darling: Main Road (01243 379955) Opening hours: Mon–Fri 9am-11am and 3pm-5:3-pm. No drop in, all appointments over the phone.

Priors Leaze Veterinarians (01243 376000)

Priors Leaze Lane Nutbourne PO18 8RH. Limited availability please phone first, no drop in.

Medical:

NHS 111 online covid-19 service or call 111 if you cannot locate information you need. Emergency 999

Southbourne Surgery: Main Road (01243 388740) www.southbournesurgery.com. Very limited services. Phone triage for urgent matters.

Boots: Main Road Opening hours Monday – Saturday 9am-6pm (closed 12pm-2pm)

Dentist: Southbourne Dental Surgery: (01243 377652) Closed but will take calls in emergency to provide advice, or call 111



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Take Away & Delivery:

Earths Kitchen: Offers homemade meals and delivery. www.earthskitchen.co.uk Email: earthskitchen.vh@gmail.com or phone Vanessa 07742 353770 Orders received Wednesday delivered Monday

Whistler's Fish & Chip Westbourne Mon – Thurs 12pm-8pm, Fri – Sat 12pm-9pm, Sunday 4pm-8pm online order for delivery only (currently) www.whistlersfishandchips.co.uk

Spice Cottage Westbourne (01243 374518) East Street Westbourne PO10 8SH. Delivery or collection only currently

So India Express: Delling Lane Bosham PO18 8NN (01243 572704/ 572916) Open 5pm-10pm weekdays, 5pm-11pm weekends. Closed Mondays except Bank Holidays. www.soindiabosham.com

The Deck Emsworth: www.thedeckcafe.co.uk delivery Tuesday-Sunday (3 mile radius)

Southbourne Community Help Groups:

Southbourne Community Connections: Southbourne Parish Council's initiative bringing together residents who need assistance and those who are willing and able to help. Email covid19@southbourne-pc.gov.uk or call 07310 072674 (10am-6pm)

St.John's Church: Main Road (01243 375576) Email: admin@stjohnssouthbourne.com
#LoveYourNeighbour bringing the community together to offer support (neighbours@stjohnssouthbourne.com)

Southbourne Community Association: Facebook page of local information/events. Contact Ruth Heelan on ruth.heelan@talktalk.net

Emsworth Alliance <u>www.emsworthalliance.co.uk</u> Offering food deliveries and support.

National & Local Authorities:

Central Government Guidance:

https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response

West Sussex County Council (lead authority)

Dedicated Phone Line: 033 022 27980 (8am-8pm) Community (Support, advice, guidance & capacity issues): Communities@westsussex.gov.uk
Volunteering (Volunteer to support services & vulnerable): Volunteering@westsussex.gov.uk
Community Hub: WSCC website link on first page.

Chichester District Council

Communities Team are leading (headed by Pam Bushby)

www.chichester.gov.uk/coronavirus

Chidham & Hambrook Covid 19 Community Support Group

Jane Towers: 01243 576 580 or 07792 349 936

Philip McDougall: 01243 573782 Roger Gowlett: 01243 573868 chidhamandhambrookpc@gmail.com

Westbourne Parish Council

Website: <u>www.westbourne-</u>

pc.gov.uk/Coronavirus_30525.aspx

Other Help:

Childline 08001111

National Domestic Abuse Helpline www.nationaldahelpline.org.uk or 08082000247